





environment of Catholic worship, education, evangelization and service, to all of God's people.



# Mass **Intentions**

Arranging to have a Mass Intention for anyone is one of the most beautiful gifts given, and one of the most joyful to receive! There are many openings available on the calendar. You may use the Mass Intention envelopes found in the Church pews. Place your request in the collection basket during Mass or drop it in the Parish Hall mail slot. Please include your contact information or contact Robin Shull at 619-473-1086 or rkshull54@gmail.com

# Please!

*Remember in your prayers* Liz Sjoquist, Annette Musco. Paul Colwell, Jan Nasland, Sue Ide, Pat Schumacher, Betty Ward, Mike Delvac, Fr. Rick, Nancy Clark, Susan Lancaster, Thom Upham, LA Fire victims/ First Responders, the Craighead Family, and the McKinley Family.



Mass	Intentions	for This	Week
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Saturday, February 15	Vigil Mass	
5:30 PM	Alfred M. Roman & Becky, RIP	
<u>5.30 PINI</u>	AIII EU IVI. KUITIAIT & DECKY, KIP	
Sunday, February 16	Sixth Sunday in Ordinary Time	
8:00 AM	Francisco, RIP	
<u>10:00 AM</u>	Parishioners & Benefactors	
Monday, February 17	The Seven Holy Founders	
monday, residary m	of the Servite Order	
	Presidents' Day	
<u>8:00 AM</u>	For Our Country and its Leaders	
		<b>_</b>
Tuesday, February 18	No Mass	
Wednesday, February 1	9 *	
Wednesday, February 1 8:00 AM	9 *	
Wednesday, February 1 <u>8:00 AM</u> Thursday, February 20	9 For Thanksgiving to God	
Wednesday, February 1 8:00 AM	9 *	**
Wednesday, February 1 8:00 AM Thursday, February 20 8:00 AM	9 For Thanksgiving to God For Our Parish Family, VIV/RIP	
Wednesday, February 1 <u>8:00 AM</u> Thursday, February 20	9 For Thanksgiving to God For Our Parish Family, VIV/RIP St. Peter Damian,	
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<u>Pope's Intention</u>: For vocations to the priesthood and religious life. Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

# **Organizations & Contact Info**

<u>Altar &amp; Rosary Society</u> Charlene Phelps	Meetings; 2nd Thursday of each 9933char@gmail.com	
<u>Prayer Circle</u> Pat Hansen	hansenpat@msn.com	619-445-3822
<u>Mass Intentions &amp; Bullet</u> Robin Shull	<b>in</b> rkshull54@gmail.com	619-473-1086
Religious Education Coo Irma Nystrom	o <mark>rdinator</mark> irmanystrom177@gmail.com	619-466-1230
<b>Pro-Life Ministry "40 Day</b> Pat Hansen	v <mark>s for Life</mark> " hansenpat@msn.com	619-445-3822
<i>Finance Council</i> Mark Duda	mark@ourladyoflight.church	619-722-4300

## Parish Office Hours

Please note that the Parish Office is temporarily closed for scheduled hours. If you have an emergency and need a priest, please call Fr. Rick at 619-445-4972. Otherwise you may leave a message at 619-445-3620 or contact us by email at office@ourladyoflight.church. You may continue to use the mail slot up in the Parish Hall to the right of the main double doors, under the OFFICE sign.



I like reading Matthew Kelly's book "Resisting Happiness." It touches on the most fundamental desire of our life that is our longing to be happy. Kelly says that while most of us think we are relatively happy we know we could be happier or even a lot happier. For example in his book Kelly argues that it is us who sabotage our own happiness when we procrastinate and when we avoid the real issues in our life and only focus on the superficial. This Sunday's gospel Jesus addresses the issue of true happiness. Jesus began his sermon on the mount by proclaiming the beatitudes. The word beatitude literally means happiness or blessedness. For Our Lord, however, happiness means a complete turnaround of ones way of life. Happiness demands a transformation from within. True happiness can only happen when there is a conversion of heart and mind. Prophet Jeremiah says, "Blessed is the one who trust in the Lord. whose hope is the Lord." It is because true conversion is a gift from the Lord for those who trust in Him. Transformation comes through the gift and working of the Holy Spirit. Yes, we can truly be happy. Let us put our trust in the Lord and received that gift of conversion.

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## **Parish Offerings** February 9

Plate Collections	\$	466		
Envelope Tithes		1,115		
Donations (Restricted)		120		
Coffee & Donuts	\$	21		
Building Fund (Restricted)	\$	0		
Total	\$	1,722		
Average Weekly				
Operating Expenses	\$ 2,817			
Discourse all states publics and				

Please note that the Building Funds cannot be used towards **Operating Expenses.** 

You are invited to join hundreds of thousands of Christians around the world for the 40 Days for Life Spring Campaign. Our Lady of Light has adopted *Tuesday* as our day for peaceful, sidewalk prayer in front of the El Cajon Planned Parenthood abortion facility. This campaign, highly supported by the San Diego Diocese, consists of fasting, prayer, and public witness. Join many of our parishioners here at OLL, who are faithful witnesses to the value and dignity of the Unborn. Please see the sign-up sheet at the back of the Church. For for information on how you can get involved contact Pat Hansen @ 619-445-3822.

The new envelopes are ready for pick up at the back of the church. If you are wanting envelopes and do not have any, please contact Robin Shull @ rkshull54@gmail.com







### \*Online bulletin...all Updated!!!

The bulletin is back online...the glitch has been repaired. Thank you for your patience and understanding while getting it back up and running.

### \*40 Days for Life: March 5-April 13

### \*New Tithing Envelopes...Available now!!!

#### \*Tax Letters

The tax letters for 2024 taxes have been mailed out. There were a handful of parishioners who need to write their mailing address on the clip board in the back of the church. The Diocese requires a letter be sent to each parishioner that donated \$250 or more.

### \*40 Days for Life Spring Campaign

The Opening Ceremony will be Tuesday, March 4th. Please continue to check the weekly bulletin for more details.

#### \*Lent...Prayer, Fasting, Almsgiving

Just around the corner...It all begins on Ash Wednesday, March 5. Remember that during Lent we do the outdoor Stations of the Cross on Fridays at noon (weather permitting, otherwise it is inside). Also, on Saturdays we have our world famous Soup Kitchens following the 5:30 PM Vigil Mass. A wonderful way to get together with fellow parishioners and experience their culinary talents!

### \*Annual Catholic Appeal...begins this weekend

Envelopes are available in the back of the church. Pray about how you are able to help with this annual Diocesan appeal.

> "Mary, having co-operated in our redemption with so much glory to God and so much love for us. Our Lord ordained that no one shall obtain salvation except through her intercession."

Mary's Corner

St. Alphonsus Maria de Liguori