

WISNIEW FINANCIAL GROUP
 Cell: 619.922.1529
 Phone: 858.536.4143
 Fax: 888.370.4910
 Email: gwisniew@psfin.com

Gregory J. Wisniew, MS, MBA, AIF
 CERTIFIED FINANCIAL PLANNER™ Professional
 CA Insurance License #0c50022
 11646 Via Santa Brisa, San Diego, CA 92131

Pine Valley Store
 Serving the San Diego Back Country for over 70 years

619-473-8723
 P.O. BOX 578
 Pine Valley, CA 91962

- Gas
- Pizza
- Deli
- Groceries
- Adventure Pass
- Beer, Wine & Liquor



Our Lady of Light
 Catholic Parish

MOUNTAIN MESH
 Providing High Speed Internet
 To The Back Country Since 2006
MICHAEL KIER • OWNER/OPERATOR
619-445-5302
 mike@mountainmesh.net
 www.mountainmesh.net

ALPINE ARTISTIC FLORIST
 FLOWERS & GIFTS
 ALPINEARTISTICFLORIST@YAHOO.COM
 ALPINEARTISTICFLORIST.COM

619-445-7974

JAMIE LEWIS
 1730 ALPINE BLVD #103
 ALPINE, CA 91901



Our Lady of Light
 Catholic Parish

A to Z PRINTING
 All Your Printing Needs

Business Cards
 Envelopes
 Carbonless Forms
 Car Lettering

T-Shirts
 Coffee Mugs
 Wedding Invitations
 Banners

Books
 Brochures
 Graphic Design
 Window Graphics

TONY
 Sales Rep.
 www.atozprintingsd.com
 E-Mail: a2z2printing@yahoo.com
 1392 E. Main Street, El Cajon, CA 92021

Tel: (619) 579-0646
 Cell: (619) 277-9858
 Fax: (619) 579-0539

DESCANSO HAY and FEED
(619) 445-5464
 Fax 445-1596
GORDON GAREWAL
 Cell (760) 455-0744

25077 Viejas Blvd., Descanso, CA 91916
 Email: descansohay@aol.com



Our Lady of Light
 Catholic Parish



Fit4Me Training

Becky Miller
 Owner/Personal Trainer

www.fit4metraining.com
 becky@fit4metraining.com
 (619) 289-8833



Our Lady of Light
 Catholic Parish

A&B SAW AND LAWNMOWER SHOP

Monday - Friday
 8:00am - 5:00pm

Saturday
 9:00am - 1:00pm

(619) 443-0654



KOALA TREE CARE

Joe Stoveken
 Certified Arborist

619-473-1278

Disease Diagnosis & Control • Top • Trim • Lace
 Stump Grinding • Root Prune • Fertilize • Insured
 St. Lic. #603496 • AG# 31415

Joe Stoveken

Real Innovate REALTY

JoeStoveken@Reallinnovate.com

Honest...Real...Innovative

Cell: (619) 995-6054 DRE 01707372
 28857-B Hwy. 80
 Pine Valley, CA 91962
 "Serving All San Diego"
 Residential / Commercial



Licensed/Insured
 P.O. Box 413
 Bonita, CA 91908



FIREPROTEC

Weed • Brush • Tree
 & Hauling Services

619-961-6250

Ismael Hernandez

h.maribel2002@gmail.com



Our Lady of Light
 Catholic Parish



Our Lady of Light
 Catholic Parish

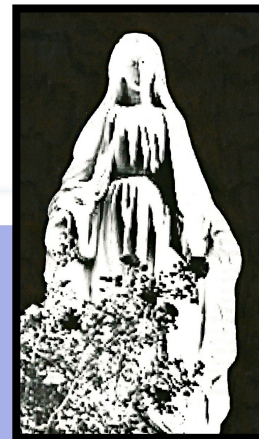
Lions, Tigers & Bears
 Alpine, Calif.

Come see the REAL king of the jungle right here in San Diego!

BIG CAT & EXOTIC ANIMAL RESCUE

Call (619) 659-8078
 www.lionstigersandbears.org

WHERE EVERY LIFE COUNTS.



August 4, 2024
 Eighteenth Sunday
 in Ordinary Time



Our Lady of Light

Catholic Parish

9136 Riverside Drive
 Descanso, CA 91916
 www.ourladyoflight.church



"I Am the Bread of Life"

Date Unknown
 Artist Unknown

There are many terrific opportunities within our family of faith, to Love, Grow & Serve. Please see our lists of Activities, Organizations, & Events, inside this bulletin!

Daily Mass

Weekdays at
8:00 AM

Vigil on Saturday

5:30 PM

Sunday Mass

8:00 AM and 10:00 AM

First Saturdays

8:00 AM

Reconciliation

Thursdays during Adoration,
 Fridays following the 8:00 AM Mass,
 Saturday, 4-5 PM,
 or By Appointment

Adoration/Exposition

Thursdays following
 8:00 AM Mass

Divine Mercy Devotion

Fridays following
 8:00 AM Mass

Parish Office

Phone 619-445-3620
 FAX 619-445-3621

E-Mail office@ourladyoflight.church

Website ourladyoflight.church

Office Hours

The office is temporarily closed for any scheduled hours

Our Pastor

Reverend Enrique Fuentes
 Phone 619-445-3620

Emergency 619-445-4972

E-Mail rfuentes@ourladyoflight.church

Baptism & Marriage

Contact Father Rick

R.C.I.A.

Contact Father Rick

CYM Classes

Contact Father Rick

The mission of *Our Lady of Light Church*, is to provide an amicable environment of Catholic worship, education, evangelization and service, to all of God's people. Together we strive to be instruments of God's love, peace, and joy, following the example of *Our Lady of Light*.



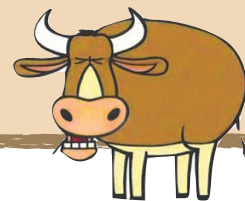
87th Annual BBQ
BBQ: Sept. 1st
Final meeting:
August 18th

We Need Volunteers
to make this BBQ the success it has always been!

If you haven't signed up yet we have many areas that need your help, especially the afternoon kitchen. Door prizes and Grandpa's Attic are two more areas that need staffing. It is critical these areas get filled. Sign-up in the Parish hall.

Contact Information

DanielDescanso91916@gmail.com
 chelsiemaygreen@gmail.com
 Curtis Schlumpberger@619-937-8014



Please!

Remember in your prayers

Liz Sjoquist, Annette Musco, Paul Colwell, Jan Nasland, Ricardo, Pat Schumacher, Betty Ward, Mike Delvac, Dee Upham, Jimmy Sayer, Jamie Lenore, Carmen Dale, William Schoenbrun, Todd Ward, Emilee and Colin Dalberg, Fr. Rick, Susan Lancaster, Matt Grouse, President Donald Trump, Park Fire Victims and Firefighters, Reed Bender & Family, Chuck & Sandy Sleeper and Randy Arnett.

Pray for the repose of these souls

Eileen Briese, Dottie Sparks, Butch Paddock, Beverly Bohacek, Corey Comperatore, and Kenneth Zimmerman.



Mass Intentions for This Week

- Saturday, August 3** *Vigil Mass*
 5:30 PM Willa Winters, RIP
- Sunday, August 4** *Eighteenth Sunday in Ordinary Time*
 8:00 AM Parishioners & Benefactors
 10:00 AM Fr. Perozich, Birthday Blessings
- Monday, August 5** *The Dedication of the Basilica of St. Mary Major*
 8:00 AM Votive of the Most Holy Eucharist
- Tuesday, August 6** *The Transfiguration of the Lord*
 8:00 AM Richard and Jean Reese, RIP
- Wednesday, August 7** *St. Sixtus II, Pope, and Companions Martyrs, St. Cajetan, Priest*
 8:00 AM For those in Need
- Thursday, August 8** *St. Dominic, Priest*
 8:00 AM McGinn Morgan, Birthday Blessings
- Friday, August 9** *St. Teresa Benedicta of the Cross Virgin and Martyr*
 8:00 AM Alfred & Eleanor Roman, RIP



Pope's Intention: For political leaders. We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

Organizations & Contact Info

- Altar & Rosary Society** Meetings; 2nd Thursday of each Month
 Charlene Phelps 9933char@gmail.com 619-659-0488
- Prayer Circle**
 Pat Hansen hansenpat@msn.com 619-445-3822
- Mass Intentions & Bulletin**
 Robin Shull rkshull54@gmail.com 619-473-1086
- Religious Education Coordinator**
 Irma Nystrom irmanystrom177@gmail.com 619-466-1230
 Joanne Kroll katieangel.10@hotmail.com 760-527-5003
- Pro-Life Ministry "40 Days for Life"**
 Pat Hansen hansenpat@msn.com 619-445-3822
- Finance Council**
 Mark Duda mark@ourladyoflight.church 619-722-4300

Parish Office Hours

Please note that the Parish Office is temporarily closed for scheduled hours. If you have an emergency and need a priest, please call Fr. Rick at 619-445-4972. Otherwise you may leave a message at 619-445-3620 or contact us by email at office@ourladyoflight.church. You may continue to use the mail slot up in the Parish Hall to the right of the main double doors, under the OFFICE sign.

A Message from Father Rick



The controversial Paris Olympic opening presented a most shameful mockery of the most revered event of Christianity, The Last Supper of the Lord, depicted and immortalized by DaVinci's painting. It was a very audacious attack of the very heart of our faith. While it is right to condemn the unreasonable and senseless presentation, it also reminds us the difficult challenges that we face as Christians. This Sunday's gospel, Jesus makes the unique and bold claim: "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." Jesus is offering himself as bread, as the food for people to gain eternal life. Jesus took this most basic necessity of life to be the reality and symbol of life and relationship. The challenge of Jesus requires commitment that we must be willing to become what we eat. We eat the Eucharist, our holy communion with Jesus, so may we truly become a gift and truly connected with Jesus and with our neighbors. In the end we must realize that it is the power of Jesus sacrifice and love that would change the world and not hatred and animosities among people.

Parish Offerings July 28

Plate Collections	\$	555
Envelope Tithes	\$	959
Coffee & Donuts	\$	8
Donations (Restricted)	\$	550
Building Fund (Restricted)	\$	370
Total	\$	2,442
Average Weekly Operating Expenses	\$	3,215

Please note that the Building Funds cannot be used towards Operating Expenses.

The Latest Topics!



***BBQ...One Mission One Team!**

Help us get to our 100th Anniversary!

Make this our best year ever!!! This is our largest fundraiser that only occurs once a year. Our success relies on volunteers. ***A BIG Thank you** to Tim Laff, Tom Phelps and Kolton Nagle for prepping "The Pit" this past Friday. It was very dirty work in hot/humid conditions that had to get done. These men helped us take a major step forward as we get closer to our annual fundraiser. ***There will be a few events leading up to our Big Labor Day BBQ that we will definitely need help with. Please continue to check the weekly bulletin each week and look for flyers.** ***Please recruit reliable youth volunteers** to help run games in the Kids Zone. No set-up or breakdown!!! Free drinks/hotdogs and a letter giving them community service hours that can be used for school and/or job applications

***We are short over 30 volunteers** and approaching a critical time for this year's BBQ. Recruit your friends and family.

***Grandpa's Attic...Now accepting items**

Time to do some late Spring cleaning and gather your treasures together for donating to Grandpa's Attic. Volunteers are also needed to help with sorting and pricing items that are donated.

***Wood Donation for Labor Day BBQ...Urgent!**

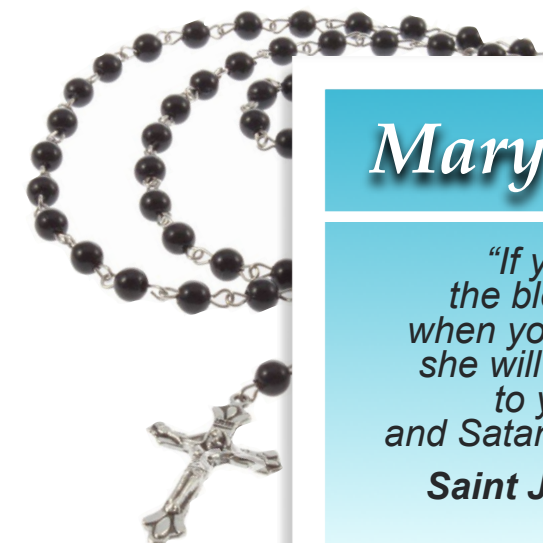
If you are able to help with wood donation please contact Curtis Schlumpberger at 619-937-8014. We need to get the wood together ASAP. Thank you in advance for your help with this.

***Mass Intentions...many dates available**

Arranging to have a Mass Intention for anyone is one of the most beautiful gifts given, and one of the most joyful to receive! Masses are offered for memorable occasions, or for those just need of some extra prayers. Both living souls as well as our deceased loved ones may be honored. There are many openings available. You may use the Mass Intention envelopes found in the Church pews. Place your request in the collection basket during Mass or drop it in the Parish Hall mail slot.

***Raffle Tickets...**

Don't forget to pick up an envelope or two or three of tickets to sell to family and friends. These are available in the back of the church on the table that has all things "BBQ".



Mary's Corner

"If you invoke the blessed Virgin when you are tempted, she will come at once to your help, and Satan will leave you."

Saint John Vianney